



relax. enjoy.



espresso bar

All of our coffees are available on ice.
Unsweetened soy & almond milk available.

	S	M	L
DRIP COFFEE	2.05	2.30	2.55
CAFE AU LAIT	2.55	2.80	3.05
RED-EYE	3.05	3.30	3.55
AMERICANO	2.55	3.05	3.55
MATCHA LATTE	4.55	5.05	5.55
Organic Japanese green tea, almond milk			
CAFE LATTE	3.55	4.05	4.55
CARAMEL LECHE	4.05	4.55	5.05
Espresso, vanilla, milk, dollop of foam, smooth caramel			
CAPPUCCINO	3.55	4.05	4.55
MOCHA LATTE	4.05	4.55	5.05
Sweet dark or white chocolate			
CHAI LATTE	3.80	4.05	4.30
VIETNAMESE COFFEE	4.05	4.55	5.05
HOT CHOCOLATE	2.55	3.05	3.55
Sweet dark or white chocolate			
ORGANIC WHOLE-LEAF TEA		2.30	

smoothies • frappés • shakes

S 4.80 L 5.30

STRAWBERRY FIELDS

Juicy strawberries, banana, orange juice, strawberry sorbet

MANGO MADNESS

Luscious mangos, banana, orange juice, mango sorbet

JAMAICAN ME CRAZY

Mango, strawberries, banan, orange juice, lemon sorbet

CARAMEL CRUSH

Pure caramel, espresso, milk, fresh whipped cream

VANILLA BREEZE

Vanilla, espresso, milk, fresh whipped cream

MOCHA BLAST

Dark chocolate, espresso, milk, fresh whipped cream

CHAI FUSION

Chai tea and milk, fresh whipped cream

MOCHA SHAKE

Organic vanilla ice cream, espresso, sweet dark chocolate, fresh whipped cream

ORGANIC MILKSHAKES

Chocolate, vanilla or coffee

AFFOGATO

Organic vanilla ice cream, espress, sweet dark chocolate



American Tobacco Campus
919 687 4600

Hock Plaza
919 416 4100

UNC Chapel Hill
Marsico Hall
919 962 0538

www.saladella.com

Sala
delia
cafe

yum on the run
cafe menu

sandwiches • wraps

CHICKEN SALAD BRIOCHE Contains milk, eggs, wheat, soy	7.15
GREEK CHICKEN WRAP Contains milk, eggs, wheat, soy	7.15
VEGETARIAN GREEK WRAP (V) Contains milk, wheat, soy	7.15
SOUTHWEST VEGGIE WRAP (V) Contains milk, eggs, wheat, soy	6.48
TURKEY PESTO BAGUETTE Contains milk, wheat, nuts, soy	7.15
TUNA SALAD BRIOCHE Contains milk, eggs, fish, wheat, soy	7.15
MOZZARELLA TOMATO (V) Contains milk, eggs, wheat, nuts	7.15
FALAFEL (V+) Contains wheat, sesame	6.90
HAM & BRIE BAGUETTE Contains milk, eggs, wheat	7.75
CHICKEN CAESAR WRAP Contains milk, eggs, fish, wheat, soy	6.95
HONEY MUSTARD CHICKEN WRAP Contains milk, wheat, soy	7.15
BUFFALO CHICKEN PITA Contains milk, eggs, wheat	6.85
TURKEY ARUGULA Contains milk, eggs, wheat, sesame	7.15
SOUTHWEST TURKEY WRAP Contains milk, eggs, wheat	7.15
TURKEY HAVARTI (GF) Contains milk, eggs, sesame	8.20
CHICKEN SHAWARMA Contains wheat, dairy	7.05
HOUSE CURED SALMON Contains milk, eggs, fish, wheat	8.70
ITALIAN CIBATTA Contains wheat, dairy	7.15

grilled paninis

CHICKEN MELT	7.15
FRENCH BEEF	8.15
REUBEN	7.15
GREEK GYRO	7.15
TUNA MELT	7.15
TURKEY CHIPOTLE	7.15
CHICKEN PESTO	7.15
TURKEY AVOCADO	7.15
EGGPLANT MOZZARELLA	7.15
CHICKEN PARMESAN	7.15
FRIED GREEN TOMATO PIMENTO	7.15
ITALIAN GRINDER	7.15

saladella specialty entrees

BEEF LASAGNA We use our homemade marinara and a delicious blend of meat, cheese and spices 6.30
VEGETRIAN LASAGNA Oven roasted vegetables with sauce blanche 6.30
CHICKEN QUESADILLA Saladella's take on the classic Mexican chicken sandwich 5.40
CHICKEN SALAD Our famous chicken salad uses tender white meat from free-range chickens 5.99
ALBACORE TUNA SALAD 6.30
ROASTED VEGETABLE QUESADILLA 5.34
CHICKEN BURRITO 6.75
VEGETARIAN BURRITO 6.10
QUICHE (Daily, homemade selections) 4.19
GOURMET MAC & CHEESE 5.25
SPANAKOPITA 6.29



meza • platters

TABBOULEH, BASIL ROTINI, LENTIL RICE, GARBANZO GREEK	7.99
CHICKEN SALAD, BLACK BEANS, ORZO PESTO, COUSCOUS	8.99
BEET SALAD, BLACK BEAN & RICE, GREEN BEANS, VEGGIES	7.99
TUNA SALAD, BEET SALAD, LENTIL RICE, GARBANZO GREEK	8.99
PENNE PASTA, LENTIL RICE, BEET SALAD, OKRA	8.99
HUMMUS, TABBOULEH, FALAFEL, PITA	7.99
BOWTIE PASTA, BLACK BEANS, GREEN BEANS, ROASTED VEGGIES	7.99
CHICKEN SALAD, BEET SALAD, ORZO PESTO, GARBANZO GREEK	8.99

saladella signature sides

4.10/each

TABBOULEH (V+)	FETA CILANTRO BOWTIE PASTA (V)
MEDITERRANEAN EGGPLANT (V+, GF)	BASIL ROTINI PASTA (V+)
GARBANZO GREEK SALAD (V, GF)	ORZO WALNUT PESTO (V)
FRESH FRUIT SALAD (V+, GF)	CHICKEN APPLE COUSCOUS
LEBANESE GREEN BEANS (V+, GF)	RED PEPPER PENNE (V)
ANDEAN BLACK BEAN SALAD (V+, GF)	LEBANESE GREEN BEANS (V+, GF)
BABY OKRA SOUTHERN STYLE WITH CILANTRO (V+, GF)	ROASTED VEGETABLES (V+, GF)
FATTOUSH (V+)	BEET SALAD (V+, GF)
SOUTHWEST BLACK BEAN & RICE (V+, GF)	SUMMER KALE (V+, GF)
RICE AND LENTIL PILAF (V+, GF)	

soups • salads

! BEET, GOAT CHEESE & ARUGULA 7.15 House-roasted beets, local goat cheese, toasted almonds, turkish apricot, mixed field greens, pomegranate balsamic
GREEK 7.05 Romaine lettuce, tomato, feta cheese, pickled red onion, garbanzo beans, carrots, pepperoncini, kalamata olives, vinaigrette
! GARDEN CHICKEN 7.15 Chicken salad, mixed field greens, tomatoes, cucumbers, carrots, vinaigrette
GRILLED CHICKEN GARDEN 7.15 Mixed field greens, tomatoes, cucumbers, carrots, vinaigrette
KALE CHICKEN CAESAR 7.15 Grilled chicken, NC kale, shaved parmesan, homemade croutons, house Caesar
! SALMON GARDEN 9.90 Mixed field greens, tomatoes, cucumbers, carrots, vinaigrette

homemade soups

We make our delicious soups daily, and we always include a vegetarian option.

snacks

GRANOLA PARFAIT	4.10
BANANA PARFAIT	3.45
CHOCOLATE & VANILLA PARFAIT	3.45
FRUIT & CHEESE	5.50
CRUDITE	4.10
HUMMUS & PITA	5.10
CRUDITE, HUMMUS, & PITA	5.29
CHICKEN SALAD, GRAPES, CHEESE, & PRETZELS	5.99
FRUIT SALAD	3.35

breakfast paninis

A refreshing change from the usual. Enjoy a delicious breakfast from Saladella. Its still fast, but unlike fast food, everything is made fresh.

We only use all-natural, fresh, free-range eggs.

GREEK SCRAMBLER 4.19 Two scrambled eggs, green pepper, red onion, tomato and Feta in a pita with applewood smoked bacon, local sausage, or turkey sausage
BREAKFAST BURRITO 4.19 Two scrambled eggs, herbed potatoes, black beans, fresh salsa and Vermont cheddar in a pita with applewood smoked bacon, local sausage, or turkey sausage
CROISSANT SANDWICH 4.19 Two scrambled eggs with Vermont cheddar on a homemade croissant with applewood smoked bacon, local sausage, or turkey sausage
BAGEL SANDWICH 4.19 Two scrambled eggs with Vermont cheddar on an artisan bagel with applewood smoked bacon, local sausage, or turkey sausage
QUICHE 4.19 Daily homemade selection
GRANOLA PARFAIT 4.10 Honey yogurt, organic granola and fresh fruit

fresh squeezed juice

12oz 6.00

DELICIOUS TRIO
Apple, Orange, Pineapple

GREEN MONSTER
Cucumber, Kale, Green Apple, Celery

HEALTHY BOOST
Carrot, Celery, Red Apple, Ginger

signature side combos

4.10/each

RICE & LENTIL, ROASTED VEGGIES (V+, GF)
SOUTHWEST RICE & BEANS, OKRA (V+, GF)
MOROCCAN COUSCOUS, EGGPLANT (V+)